

Race Date
September 01, 2018

Southern Hills Triathlon
Age Group Results

Duathlon

Female 30 to 39

Place			----- Run 1 -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Amanda Barry	878	30	1	0:05.2	0:02	25:51.5	1	46:27.6	3:52	0:26.1	1	28:04.3	9:03	1:40:54.9

Female 40 to 49

Place			----- Run 1 -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	7	Sonja Brue	879	44				32:39.3	1	48:46.0	4:04		1	1:55:53.4	37:23	1:56:00.2

Female 50 to 59

Place			----- Run 1 -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	Debbie Doolittle	880	57				32:17.2	1	47:22.2	3:57		1	1:52:49.3	36:24	1:52:56.7

Southern Hills Triathlon

Age Group Results

Duathlon

Male 20 to 29

Place		Name	Bib No	Age	Run 1		T1	Bike		T2	Run		Total			
Overall	Rnk				Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	1	Grant Nelson	881	22	1	0:04.3	0:01	24:10.7	1	44:18.7	3:42	1:01.7	1	22:21.0	7:13	1:31:56.7

Male 30 to 39

Place		Name	Bib No	Age	Run 1		T1	Bike		T2	Run		Total			
Overall	Rnk				Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
1	6	Dean Sigman	882	37	1	0:07.2	0:02	28:53.1	1	54:24.3	4:32	0:59.8	1	31:29.2	10:09	1:55:53.8

Male 50 to 59

Place		Name	Bib No	Age	Run 1		T1	Bike		T2	Run		Total	
Overall	Rnk				Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace
1	2	Joel Bailey	883	51			26:54.6	1	42:51.2	3:34	1	1:39:51.0	32:13	1:39:56.6
2	4	Lawlor Brett	884	55			28:57.3	2	47:12.3	3:56	2	1:44:05.7	33:35	1:44:11.4

Male 70 to 79

Place		Name	Bib No	Age	Run 1		T1	Bike		T2	Run		Total	
Overall	Rnk				Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace
1	8	Roger Johnsen	885	71			58:06.7	1	1:05:46.7	5:29	1	3:32:40.3	68:36	3:32:50.0